
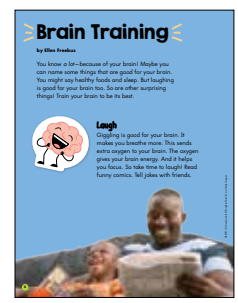


 **Read** each question.

 **Write** your answers and a page from “Brain Training” that supports each one.



1. How does laughing help support a healthy brain?


Page


2. Why is sunshine good for your body and mind?

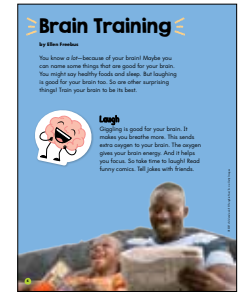
3. What is one thing you can do to calm your body and mind?

Zaner-Bloser
SAMPLE

 **Look** at Super Magazine pages 6–8.

 **Read** about things that have good effects on your brain.

 **Write** the causes and effects in the boxes.



Cause


Effect

Cause

Effect

Cause

Effect

 **Write** in the charts about a new word from “Brain Training” and a Word to Know.


 **Draw** your own picture for each word.




My word
My definition
My sentence
My picture

cycle
My definition
My sentence
My picture

 **Look** at Super Magazine pages 7–8.

 **Think** about the Super Smart.

 **Write** one fact you learned about the brain from each text.



Super Magazine

Super Smart

Zaner-Bloser
SAMPLE



Read each question.



Write your answers and a page from “Sleep in Mind” that supports each one.



1. What is a sleep cycle?

Page

2. What are two things you can do to support better sleep?

3. What can you do if you are worried about having bad dreams?

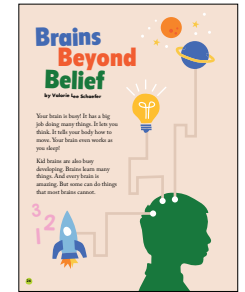
Zaner-Bloser
SAMPLE



Read each question.



Write your answers and a page from “Brains Beyond Belief” that supports each one.



1. Why was one smart kid called a “whiz with words”?

Page

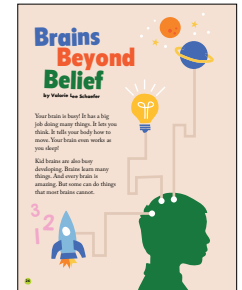
2. What special ability did one kid have with flags?

3. What part of your brain is in charge of speech and solving problems?

 **Read** Super Magazine pages 28–29.

 **Look** at the picture of the brain.


 **Write** in the chart.




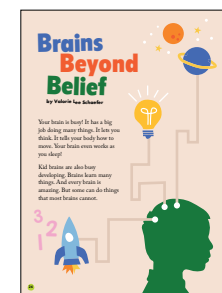
What the text tells me

What the picture tells me

Zaner-Bloser
SAMPLE

 **Write** in the charts about two new words from “Brains Beyond Belief.”

 **Draw** your own picture for each word.





My word
My definition
My sentence
My picture

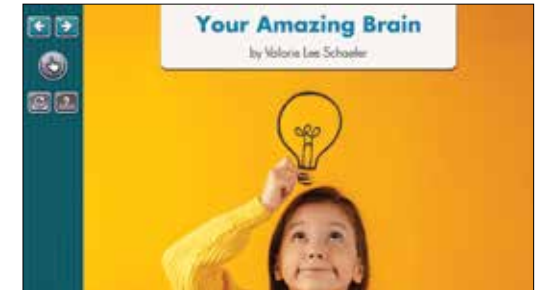
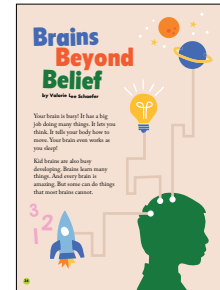
My word
My definition
My sentence
My picture

Zaner-Bloser
SAMPLE

 **Read** Super Magazine pages 28–29.

 **Think** about the Super Smart.

 **Write** two facts you learned about the brain from each text.



Super Magazine

Super Smart

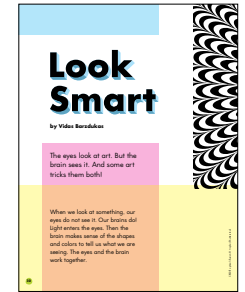
Zaner-Bloser
SAMPLE



Read each question.



Write your answers and a page from “Look Smart” that supports each one.



1. How do your brain and eyes work together?

Page

2. What is an optical illusion?

3. What is one way an artist can make a painting look real?
